

High School to College and Career Pathway: Secondary

Area of Study: Health Science & Technology Education

Pathway: Therapeutic Services

Therapeutic Rehabilitation/Exercise (Formerly Exercise Science/Sports Medicine)

Middle School		State Requirements			High School Suggested Education Plan				College & Careers																									
7 th Grade	8 th Grade	Middle School		High School	9 th Grade Suggested	10 th Grade Suggested	11 th Grade Suggested	12 th Grade Suggested	Beyond High School																									
Language Arts 7 1.00	Language Arts 8 1.00	2.00	Language Arts	3.00	Language Arts 9 1.00	Language Arts 10 1.00	Language Arts 11 1.00	Language Arts 12 1.00	<p>There are a number of options for education and training beyond high school, depending on your career goals.</p> <p>> Certificate</p> <p>> Associate degree</p> <p>> Bachelor's degree</p> <p>> Professional degree</p> <p>> On-the-job training</p> <p>> Apprenticeship</p> <p>> Military training</p>																									
Pre-Algebra 1.00	Elem. Algebra or Applied Math 1.00	2.00	Math	2.00	Geometry or Applied Math II 1.00	Intermediate Algebra 1.00	Pre-calculus or Statistics 1.00																											
Science .50	Science 1.00	1.50	Science	2.00	Biology or Human Biology 1.00	Chemistry 1.00	Medical Anatomy and Physiology 1.00																											
Utah Studies .50	U.S. History I 1.00	1.50	Social Studies	2.50	Geography for Life .50	World Civilizations .50	U.S. History II 1.00	U.S. Government and Citizenship .50																										
P.E. 1.00	Health .50	1.50	P.E./Health	2.00	Participation Skills and Techniques .50	Fitness for Life .50 / Health Education .50 Lifetime Activities or Sport .50																												
The Arts .50	The Arts .50	1.00	Fine Arts	1.50	Fine Arts Courses 1.50																													
			Financial Literacy	.50			Financial Literacy .50																											
Keyboarding .50			Computer Tech.	.50	Computer Technology .50																													
CTE Intro 1.00		1.00	Career and Technical Education	1.00																														
<p>Workforce Trends</p> <p>Job growth will be concentrated in health care industry settings, such as ambulatory health care services and hospitals.</p> <p>Get the Facts</p> <p>Physical Therapy is ranked among the top 10 fields, and is expected to remain a top field well into the 21st century.</p> <p>In Utah, an athletic trainer, physical therapist, physician, and physician assistant must be licensed.</p>		<p>Core Curriculum and elective requirements may vary district to district. Check with your school counselor.</p> <p>Concurrent enrollment course offerings vary by school and district.</p>			<p>Career and Technical Education Recommended Pathway Courses</p> <p>(Students may select individual courses for exploration, or a complete Pathway for an in-depth focus.)</p> <p>CLASS AVAILABILITY MAY VARY AT YOUR HIGH SCHOOL</p> <table><thead><tr><th>Course #</th><th>Foundation Courses: (required)</th><th>Credit</th></tr></thead><tbody><tr><td>51.0913</td><td>Exercise Science/Sports Medicine</td><td>1.00</td></tr><tr><td>51.1399</td><td>Medical Anatomy & Physiology</td><td>1.00</td></tr><tr><td colspan="2">Elective Courses:</td><td></td></tr><tr><td>51.0001</td><td>Health Science, Introduction *</td><td>.50</td></tr><tr><td>51.0799</td><td>Medical Terminology</td><td>.50</td></tr><tr><td>51.1199</td><td>Health Science, Advanced (capstone course)</td><td>1.00</td></tr><tr><td>32.0199</td><td>Student Internship (Critical Workplace Skills)</td><td>.50</td></tr></tbody></table> <p>* It is preferred that this course be taken prior to any foundation course.</p> <p>Many Utah post-secondary programs accept high school courses toward a two- or four-year degree through concurrent enrollment. Check regional post-secondary Pathways for details.</p>				Course #	Foundation Courses: (required)	Credit	51.0913	Exercise Science/Sports Medicine	1.00	51.1399	Medical Anatomy & Physiology	1.00	Elective Courses:			51.0001	Health Science, Introduction *	.50	51.0799	Medical Terminology	.50	51.1199	Health Science, Advanced (capstone course)	1.00	32.0199	Student Internship (Critical Workplace Skills)	.50	<p>2.00 credits</p> <p>1.00 credit</p> <p>3.00 credits for completion</p>	
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<p>For more information on salary projections, labor market demand, and training options, visit www.careers.utah.gov.</p>																																		

Note: For more information, talk to your school counselor.